

2024

# SNOWBOARD

COMPETITION GUIDE



SKI &  
SNOWBOARD





# 2024 SNOWBOARD COMPETITION GUIDE

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## **Published by**

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# KEY CONTACT DIRECTORY

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# IMPORTANT DATES

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July 1 - June 30	U.S. Ski & Snowboard membership season
Oct. 15	U.S. Ski & Snowboard membership renewal late fee applies
Nov. 30	Schedule Agreements due - late fee applies after this date

## Snowboard Points List Schedule

### FIS Points

List	Close	Valid
Base	30 June 2023	30 June 2023
List 1	1 July 2023	1 July 2023
List 2	26 Sep. 2023	29 Sep. 2023
List 3	15 Oct. 2023	19 Oct. 2023
List 4	13 Nov. 2023	16 Nov. 2023
List 5	29 Nov. 2023	2 Dec. 2023
List 6	11 Dec. 2023	14 Dec. 2023
List 7	3 Jan. 2024	6 Jan. 2024
List 8	14 Jan. 2024	17 Jan. 2024
List 9	29 Jan. 2024	1 Feb. 2024
List 10	14 Feb. 2024	17 Feb. 2024
List 11	28 Feb. 2024	2 Mar. 2024
List 12	18 Mar. 2024	21 Mar. 2024
List 13	12 Apr. 2024	15 Apr. 2024

The U.S. Ski & Snowboard National Points List will be run at the beginning and the end of the competition season and is maintained for posterity purposes. This list is not used in any current criteria.



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# CHAPTER 1

## GETTING STARTED



U.S. Ski & Snowboard is the Olympic national governing body for ski and snowboard sports in the USA, providing leadership and direction for tens of thousands of young skiers and snowboarders, encouraging and supporting them in achieving excellence. By empowering national teams, clubs, coaches, parents, officials, volunteers and fans, U.S. Ski & Snowboard is committed to the progression of its sports, athlete success and the value of team.

Thank you for your participation in U.S. Ski & Snowboard programs. These athletic programs in alpine, cross country, freestyle, ski jumping, nordic combined, snowboarding and freeskiing provide opportunities for athletes to develop skiing or snowboarding skills in a competitive and educational environment, from grassroots club programs up through national teams and the Olympics. This competition guide is a roadmap for various programs, rules and rankings.

U.S. Ski & Snowboard clubs include approximately 350 professional coaching outlets for athletes and logistical support for competitions. These clubs, with both professional staff and volunteers, comprised of nearly 39,000 U.S. Ski & Snowboard members, are the foundation of U.S. Ski & Snowboard, supporting individual athletes and managing most of the organization's domestic competitions.

Annually more than 3,100 domestic competitions with more than 171,000 athlete starts are held across the U.S., thanks to the incredible efforts of our resort partners, clubs, officials and volunteers.

Services provided by U.S. Ski & Snowboard are based around the three "R's": rules, races and rankings. Rules are established to ensure a consistent and fair playing field for all athletes. Races, or competitions, are the backbone of U.S. Ski & Snowboard's programs, providing competitive opportunities for athletes. Rankings are a means of evaluating performance in competitions to determine advancement along the athlete development pipeline, or to assist in determining start positions in specific competitions.

U.S. Ski & Snowboard provides educational resources to key constituent groups through the USANA Center of Excellence, the organization's national training and education facility. Education is provided to athletes, parents, officials, coaches and clubs in areas such as sport technique, fitness and exercise, sport science and sports medicine. U.S. Ski & Snowboard also partners with both the U.S. Olympic & Paralympic Committee and U.S. Center for SafeSport on education related to athlete safety.

U.S. Ski & Snowboard regions and divisions are volunteer-run programs which implement programs within small, multi-state geographic areas, including scheduling of divisional competitions, selection of divisional teams and training of competition officials.

## Athletic Advancement

Now that you are a U.S. Ski & Snowboard member, you have access to compete in sports in your home area, regionally and nationally. The following are steps you can take to make the most out of your competitive experience.

**Join a Club** - Linking up with a club will allow you access to the best professional coaching and logistical support. A complete club directory is available at [usskiandsnowboard.org/public-tools](http://usskiandsnowboard.org/public-tools).

**Compete** - Pick the proper competition programs for your age and ability. Contact the event organizer or your local club for entry information. U.S. Ski & Snowboard programs offer both introductory non-scored events for youth athletes to promote skill development and fun, and scored competitions to improve ranking.

**Ranking** - Compete in U.S. Ski & Snowboard scored competitions to gain a ranking, which will be used for advancement up the athlete development pipeline. You can monitor your ranking at [usskiandsnowboard.org/public-tools/ranking](http://usskiandsnowboard.org/public-tools/ranking).

**FIS Competition** - As you advance up the pipeline with your U.S. Ski & Snowboard ranking, you may be eligible for ranking on the International Ski Federation (FIS) ranking list. Check

with your club coach or divisional contact for more information. FIS registration is managed through U.S. Ski & Snowboard. You can monitor your FIS ranking and register for some USA FIS events at [usskiandsnowboard.org](http://usskiandsnowboard.org).

**Team Selection** - As you continue to advance, your ranking may qualify you for a regional or divisional team. This includes the Junior Championships, U.S. Championships and all the way up to the U.S. Ski & Snowboard Team.

Each U.S. Ski & Snowboard sport has a specific development pipeline ([usskiandsnowboard.org/sport-programs/pipeline](http://usskiandsnowboard.org/sport-programs/pipeline)) with defined action tips designed to educate athletes in every age group as they progress in their sport.

## Find More Information

As you continue competitive skiing or snowboarding, you might have questions along the way. The following are helpful resources to guide you on your path to success.

**Website** - [usskiandsnowboard.org](http://usskiandsnowboard.org) is the best source of member information. Here you will find contact information, criteria and advancement protocol on your sport as well as the latest in national news from your sport. You can also search the Knowledge Base at [usskiandsnowboard.org/membership](http://usskiandsnowboard.org/membership) for answers to many of our member's most common questions.

**Competition Guide** - This handbook is a guide for athletes, parents, coaches and officials that provides a roadmap to U.S. Ski & Snowboard programs, including information on rules and rankings for your sport.

**Local Club** - Clubs are the heart of the sport. These organizations have the background and knowledge to help answer most of your questions. Check your local club for information on schedules and qualifying procedures within your division.

**Regional/Divisional Contact** - Each region and division for your sport has a contact person who can help you answer questions. Contact information appears in the front of this competition guide and at [usskiandsnowboard.org](http://usskiandsnowboard.org).

**National Office** - Every sport has full-time support staff in U.S. Ski & Snowboard's national office in Park City, Utah. Contact the office at 435.647.2666 with national membership or ranking questions. For a quicker response, please send an email to the contact links found at [usskiandsnowboard.org](http://usskiandsnowboard.org).

## Snowboard Memberships

U.S. Ski & Snowboard offers a variety of membership opportunities depending on your area of interest. You can join online at [my.usskiandsnowboard.org](http://my.usskiandsnowboard.org). You will be issued a U.S. Ski & Snowboard membership number immediately following membership registration. FIS membership may take up to one week. Keep in mind that most adult memberships are placed on pending status until all requirements have been completed.

Most adult members are required to undergo periodic Background Screening, Introduction to Avalanches, and annual SafeSport training to activate membership (Those turning 18 within the season will also be required to complete membership requirements prior to their membership being activated). Screening and SafeSport training are not required for short term members and alpine masters who are not in regular contact with minor athletes.

**Snowboard General Non-Competitor (17 & under) \$35** - (Does not include access to U.S. Ski & Snowboard points list) The General membership is designed for an individual at the club level who is a non-U.S. Ski & Snowboard competitor participating in activities such as training, interclub, high school competition, community events and forerunning U.S. Ski & Snowboard and non-U.S. Ski & Snowboard events. \*If any of the events listed above are sanctioned by U.S. Ski & Snowboard then a competitor or short-term membership is required - forerunning would still be allowed.

**Snowboard Non-Scored Athlete (18 & over) \$100** - (Does not include access to U.S. Ski & Snowboard points list) The Non-Scored Athlete membership provides access to all levels of U.S. Ski & Snowboard scored and non-scored competitions at the local, divisional, regional and national level. However, as the name implies it does not include access to the U.S. Ski & Snowboard points list. Satisfies adult compliance requirements for corresponding USASA membership category.

**Short-Term Membership (17 & under) \$35/day** - (Does not include access to U.S. Ski & Snowboard points list) May be used for one event per season. Events may not span more than 5 consecutive days.

**Snowboard Competitor \$200** - (Required for FIS registration) The U.S. Ski & Snowboard Competitor membership provides access to all levels of U.S. Ski & Snowboard scored and non-scored competitions at the local, divisional, regional and national level. Competitor memberships include scoring on national ranking lists as well as International Snowboard Federation ranking lists where appropriate (with additional FIS license). This membership is required for FIS registration and FIS level competitions. Provides access to halfpipe, slopestyle, boardercross, big air and gate parallel giant slalom/parallel slalom events.

**Snowboard Adaptive Competitor \$80** - An adaptive athlete with legs, arms or vision impairments competing in U.S. Ski & Snowboard Snowboard or Adaptive Snowboard events for national points. A FIS license is required for FIS sanctioned events.

**Snowboard FIS License Requirement (Must be born in 2010 or prior) \$85** - Required for participation in FIS events. You must hold a Snowboard Competitor to purchase a Snowboard FIS license. Short-Term members and Non-Scored Athletes are not eligible for FIS.

**Adaptive Snowboard FIS License Requirement (Must be born in 2008 or prior) \$35** - Required for participation in Adaptive Snowboard FIS events. You must also hold an Adaptive Snowboard Competitor to purchase an Adaptive Snowboard FIS license

**Snowboard Official (18 & over) \$80** - An individual involved in officiating U.S. Ski & Snowboard and/or FIS competitions.

**Snowboard Coach w/Official (18 & over) \$150** - An individual coaching athletes at the club level and/or at U.S. Ski & Snowboard/FIS events (see guidelines for appropriate levels of U.S. Ski & Snowboard coach certifications). Required to access Level 100 clinics and materials.

**Snowboard Volunteer (18 & over) \$65** - (NOT permitted for use in place of a competitor membership) The U.S. Ski & Snowboard Club Volunteer membership is designed for Board of Directors, club administrative staff, parents and club volunteers who undertake a leadership role in U.S. Ski & Snowboard clubs, divisions, regions and at competitions and club training sessions. Not eligible for coach or official's certifications. Applicable for those in a position of authority over or in regular contact with athletes.

## Age Classes

Each U.S. Ski & Snowboard division conducts competitions open to members based upon their membership type. Competition at the divisional level is conducted within designated age classes for all competitors. Check your division's schedule of events. Age classification is based on your year of birth regardless of the date you were born.

Age Class	Description	Year of Birth
SR	20 and older	2003 and earlier
U20	15 to 19 year olds	2004 to 2008
U15	13 and 14 year olds	2009 and 2010
U13	12 and younger	2011 and later

# CODE OF CONDUCT

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Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Grit, Excellence, Team, Fun, and Integrity, and abide by the spirit and dictates of this Code of Conduct. All members must agree to comport themselves in a sportsmanlike manner and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges, and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any U.S. Ski & Snowboard activity:

1. U.S. Ski & Snowboard members shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic & Paralympic Committee (USOPC) Bylaws, the U.S. Ski & Snowboard Bylaws, and this U.S. Ski & Snowboard Code of Conduct.
2. U.S. Ski & Snowboard members shall conduct themselves at all times and in all places as befit worthy representatives of the United States of America, the United States Olympic Committee, U.S. Ski & Snowboard, their region, division, state or club and in accordance with the best traditions of national and international competition.
3. U.S. Ski & Snowboard members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the U.S. Ski & Snowboard national teams, camps or other projects when participating in such.
4. U.S. Ski & Snowboard members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, and courtesy and good manners.
5. U.S. Ski & Snowboard members shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in official U.S. Ski & Snowboard activities.
6. U.S. Ski & Snowboard members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function. Members under the age of 18 shall not use any form of nicotine including but not limited to cigarettes, vaping, chewing tobacco, gum, and patches.
7. No U.S. Ski & Snowboard member shall violate the customs, travel or currency regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket.
8. No U.S. Ski & Snowboard member shall commit a criminal act.
9. No U.S. Ski & Snowboard member shall engage in any conduct that could be perceived as harassment based upon gender, gender identity, age, race, ethnicity, national origin, religion, disability, or sexual orientation.
10. U.S. Ski & Snowboard members will avoid profane or abusive language and disruptive behavior. Members agree that they will not use or tolerate any racist, xenophobic, homophobic, or transphobic language or gestures.
11. U.S. Ski & Snowboard members understand and agree that they may be drug tested at any time, that they are subject to and will abide by the USADA Protocol for Olympic

and Paralympic Movement Testing, its Annexes, and the USOPC National Anti-Doping Policies, and that any dispute related to the foregoing will be resolved exclusively in arbitration pursuant to the USADA Protocol. Before taking any medications, members must check the prohibited status at GlobalDRO.com. Also, they must be sure to download the Supplement 411 app, or visit Supplement411.org to learn how to recognize and reduce the risks related to supplement use. Any anti-doping questions can be directed to Athlete Express at 866.601.2632.

12. U.S. Ski & Snowboard members agree to abide by the policies and procedures established by the U.S. Center for SafeSport as well as U.S. Ski & Snowboard's Minor Athlete Abuse Prevention Policies (MAAPP).

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

- Removal from the team trip or training camp
- Suspension from training and/or competition
- Elimination of coaching, travel, and other benefits
- Forfeiture of U.S. Ski & Snowboard membership

U.S. Ski & Snowboard is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with U.S. Ski & Snowboard's Bylaws, policies, and procedures. Members are entitled to notice and an opportunity for a hearing before being prevented from participating in protected competition as that term is defined by the USOPC Bylaws. Information on the processes for grievances, suspensions, and appeals is available at [usskiandsnowboard.org](http://usskiandsnowboard.org).

Nothing in this Code of Conduct shall be deemed to restrict the individual freedom of a U.S. Ski & Snowboard member in matters not involving activities in which one could not be perceived as representing U.S. Ski & Snowboard. In choices of appearance, lifestyle, behavior, and speech while not representing U.S. Ski & Snowboard, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of the U.S. Ski & Snowboard. However, in those events where one is representing or could be perceived as representing U.S. Ski & Snowboard, U.S. Ski & Snowboard demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and U.S. Ski & Snowboard's core values.

For U.S. Olympic and Paralympic Trials, please see the USOPC's Participant Rules for Racial and Social Demonstrations available at [teamusa.org](http://teamusa.org).

Last revised Aug. 22, 2022

## **ATHLETE SAFETY**

U.S. Ski & Snowboard is committed to athlete health, welfare and safety, and adheres to the requirements of the U.S. Olympic & Paralympic Committee (USOPC) and the U.S. Center for SafeSport in their efforts to promote a safe and secure environment for athletes.

The SafeSport Code & Athlete Safety requirements, including the Minor Athlete Abuse Prevention Policy (MAAPP), apply from the grassroots level with U.S. Ski & Snowboard member clubs, and extend to all areas of the organization, including the USANA Center of Excellence.

All employees of U.S. Ski & Snowboard, interns, volunteers, and contractors who have access to the Center of Excellence, or who have regular contact or are in a position of authority over athletes, and those who have access to confidential U.S. Ski & Snowboard information related to the organization or athletes, must complete SafeSport training and background screening before their first day of employment, interning, volunteering, or beginning contract work.

U.S. Ski & Snowboard member clubs are also required to implement SafeSport training and background screening as well as the MAAPP for all of their adult participants in sports and those who work at or with U.S. Ski & Snowboard, and at all U.S. Ski & Snowboard or FIS-sanctioned events in the United States. These mandatory requirements include:

- Criminal background screening once every two seasons for all employees, coaches, officials, board members, interns, contractors, and volunteers who are in regular contact with athletes, or in positions of authority over athletes
- All required training from the U.S. Center for SafeSport, which includes core and refresher courses, with training required every year
- The adoption of U.S. Ski & Snowboard's MAAPP, to limit one-on-one interactions with athletes at all times
- Implementation and enforcement of policies, and preparation for and quick response to random audits for compliance by the U.S. Center for SafeSport
- Completion of the introduction to avalanche course on U.S. Ski & Snowboard's membership platform
- Fast Start Coaching Course: Now required for Level 100 certification

These policies apply to all levels of U.S. Ski & Snowboard's member programs. More details regarding SafeSport and Athlete Safety are available on the U.S. Ski & Snowboard website at [usskiandsnowboard.org/safesport-athlete-safety](http://usskiandsnowboard.org/safesport-athlete-safety).

Any U.S. Ski & Snowboard member club hosting a U.S. Ski & Snowboard sanctioned event, must follow the Competition Administration Summary available at [usskiandsnowboard.org/safesport-athlete-safety/safesport-resources](http://usskiandsnowboard.org/safesport-athlete-safety/safesport-resources) to ensure compliance with required athlete safety at the event.

## PARENTS

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Your child is on their way to growing their career in skiing or snowboarding. Supporting them in their endeavors is the number one way to help them achieve success. There are also other ways to participate along the way to enhance the experience of competitive skiing and snowboarding.

**Become a volunteer** - The club system exists because of the help and dedication of volunteers, including parents and guardians of competitive athletes. A great way to be a part of the team is to become an official. Parents may attend officials clinics and work out-of-town competitions so that they can better help with competitions at their own venues. Parents can also serve on steering committees and competition committees for a sport. Contact your child's club for more information.

**Education** - U.S. Ski & Snowboard provides a variety of educational opportunities for parents. Through [usskiandsnowboard.org](http://usskiandsnowboard.org), local clubs and U.S. Ski & Snowboard-produced educational resources, parents can gather information to help support their child. The U.S. Center for SafeSport also offers education and training resources for SafeSport and the MAAPP directed at minors, which are available on the Center's website.

**Stay involved in your child's club** - Ask questions to club leaders, look at annual reports and attend orientation if offered. These activities will help you better understand your child's club and the sport development pipeline.

**Follow the Parent Code of Conduct** - We expect parents/guardians to conduct themselves according to U.S. Ski & Snowboard's core values of Grit, Excellence, Team, Fun, Integrity, and abide by the spirit and dictates of the Parent Code of Conduct.

# **INSURANCE COVERAGE**

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U.S. Ski & Snowboard requires members to have valid and sufficient primary medical/accident insurance coverage and to accept full responsibility for understanding the provisions of such coverage as a condition of becoming a member and participating in official U.S. Ski & Snowboard training and competition. Such primary coverage must be in effect for the entire term of the membership year in order for the member to have coverage under U.S. Ski & Snowboard's excess accident medical policy. Members must carry proof of primary insurance and such proof must be available at each event so that prompt medical/hospital care can be authorized, if needed. U.S. Ski & Snowboard provides properly registered members with excess accident medical coverage, as follows:

## **Excess Accident Medical Insurance for Members**

Current U.S. Ski & Snowboard members of a U.S. Ski & Snowboard Member Club have excess accident medical coverage during sanctioned or registered events including official training (as defined by the policy) at such events. Please see [usskiandsnowboard.org/sport-development/club-development/club-insurance](http://usskiandsnowboard.org/sport-development/club-development/club-insurance) for a detailed description of coverage.

## **Excess Accident Medical Insurance for Members of a CLIP Member Club**

Current U.S. Ski & Snowboard members of a U.S. Ski & Snowboard CLIP Member Club have excess accident medical coverage during skiing and snowboarding competition, while training to compete and conditioning to compete in ski and snowboard competition that is supervised by a U.S. Ski & Snowboard representative and/or representative of a CLIP Member Club, and during club activities that are supervised by a representative of a CLIP Member Club. Please see [usskiandsnowboard.org/sport-development/club-development/club-insurance](http://usskiandsnowboard.org/sport-development/club-development/club-insurance) for a detailed description of coverage including a list of activities that are excluded from the policy.

## **Liability Insurance Coverage**

U.S. Ski & Snowboard will provide liability coverage for:

- **Event Organizers** with respect to their ordinary negligence if such is alleged to have arisen in connection with competition in or conduct of sanctioned events (meaning a Schedule Agreement has been executed) and/or activities conducted or approved by U.S. Ski & Snowboard (including official training at such event as defined by the policy). Please see [usskiandsnowboard.org/sport-development/club-development/club-insurance](http://usskiandsnowboard.org/sport-development/club-development/club-insurance) for a detailed description of coverage.
- **CLIP Member Clubs** and the members and supervisory staff of such clubs and member coaches and officials while acting in their capacity as such on behalf of CLIP Member Clubs. Such coverage applies during (1) ski and snowboard competition, (2) while training to compete and conditioning to compete in ski and snowboard competition that is supervised by a U.S. Ski & Snowboard representative and/or representative of a CLIP Member Club, and (3) during club activities that are supervised by a representative of a CLIP Member Club. Please see [usskiandsnowboard.org/sport-development/club-development/club-insurance](http://usskiandsnowboard.org/sport-development/club-development/club-insurance) for a detailed description of coverage, as certain club activities are not automatically covered.

**Note: This summary provides a general overview of insurance coverage that applies to U.S. Ski & Snowboard members. It is not a complete explanation of all policy provisions or specifics of the policy benefits. No coverage is extended, and no representations are made, other than what is stated in the actual insurance policies.**



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# CHAPTER 2

## POINTS AND RANKINGS



U.S. Ski & Snowboard Competitor members receive national points for each scored competition in which they finish without disqualification. Competitors begin their points profile with 0.00 points and may increase these points to a maximum of 1000.00. Points are used to rank competitors nationally on the National Ranking List.

The list provides competition organizers with the data to establish a start order for competitions. This also allows competitors to compare their performance against the performance of riders in other parts of the country whom they may not compete against.

The Snowboard National Ranking list is available at [usskiandsnowboard.org](http://usskiandsnowboard.org)

The Snowboard National Ranking List is based on a “place-points” scale. This simply means that for every scored competition sanctioned through U.S. Ski & Snowboard, points are awarded from 1st place to a maximum of 100th place.

The exact calculation of the points awarded to each finish place is determined by the competition level, and the average points of the best five riders starting the event. Once the competition level and average points have been determined the event is the applied to the appropriate points scale (see table 3.1).

## Competition Levels

### Level 1 Competitions

Olympic Winter Games, World Championships, World Cup: the 1000 point scale is used.

### Level 2 Competitions

Continental Cups/NorAms (including Revolution Tour, Hole Shot, Race to the Cup), and Grand Prix: the 500 to 200 point scales are used.

### Level 3 Competitions

FIS level: the 360 to 50 point scales are used.

## Average Points

Determining the appropriate points scale for level 2 and 3 competitions are based upon the average points of the competition. Average points are calculated based on the average national points of the best five riders who have started in the competition.

FIS competitions will use the calculated FIS entry point to the scale.

For a competition to be scored to the Snowboard National Ranking List it must have five starters, with or without national points, and three finishers.

Once the average points have been calculated, the appropriate scale is selected from the tables at the end of this chapter. To choose the best possible scale, the average points value without rounding must be equal to or higher than the corresponding entry points.

### Example

Average Points	Entry Points	Applied Scales	Race Level
240	221	240	2
241	241	260	2
260	241	260	2
400	321	360*	3

\*Level 3 races cannot be better than 360

## How the National Ranking List Works

In most cases, a competitor’s national points are the average of the points from the best two competition results in the current season, in each discipline (HP, SBX, BA, SS, or Alpine). Alpine points are defined as a result in any of the following sub-disciplines: GS, SL, PSL, and PGS. The period of evaluation is July 1 through June 30.

At the start of the competition season, the points published in the fall snowboard ranking

list are used as a competitor's national points (or as one of his or her best results) until two results produce average points higher (better) than the fall points. When this happens, fall points are no longer used.

In the case of a new competitor with no fall points, fall points are zero and are used until a single result is achieved. New points are then calculated as the one result - 40%. Once a second result is obtained, the two results are averaged even if the average is less than the single result - 40%.

For example, a new competitor earns a first HP result of 780.00.  $780.00 - 40\%$  gives the competitor national points of 468.00. Then, the competitor earns a second result of 150.00. The competitor's new national points are calculated as:  $(780.00 + 150.00) / 2 = 465.00$ .

If a competitor has fall points, their fall points may be used as one result until the calculation for the last list of the season.

For example, a competitor with 750.00 fall points then achieves his/her first result of 790. Their points for lists 1-3 would then be calculated as:  $(750.00 + 790.00) / 2 = 770.00$ . When a second result is achieved that betters this average, the Fall points are no longer used.

If a competitor has fall points and competes in two or more competitions within a single discipline and the average of these results does not produce points better than their fall points, their fall points will be reduced by a maximum of 20% on the List 6 calculation.

Calculations only occur when a list is published; not between list periods.

### **Non-activity**

The formula for determining points with no results is Fall points minus 40%.

For FIS points calculations, see the Rules of the Snowboard FIS Points at [fis-ski.com](http://fis-ski.com).

## **Injury Protection**

If a competitor is injured and out of competition for either the entire season or a portion thereof, he or she may apply for injury protection of their points. Points will still go up, but injury protection limits the amount they will increase.

Applications for injury protection must be submitted by April 15 of the season being requested. Competitors must submit requests using the official national and/or FIS forms and they must include a letter from their physician stating the specifics of the injury, including the actual date of injury, and the approximate time the individual will not be able to compete. Applications should be sent to Julia Flake | [julia.flake@usskiandsnowboard.org](mailto:julia.flake@usskiandsnowboard.org).

Applications are only valid for one season; if an athlete is out for more than one season they must reapply.

Athletes must maintain their Snowboard Competitor membership, and FIS registration as applicable, to maintain points.

### **Injury Protection**

When a competitor applies for injury protection and the request is granted, his/her National points will degrade by 20% for each season injured. A competitor will be allowed a maximum of three starts during the season to be eligible.

### **FIS Injury Protection**

At least 90 days must have passed between the time of the injury and the competitor's first start. During the valid season, a competitor can have no more than 6 starts while retaining the right to apply for injury status.

If the injury status is approved 10% will be deducted from the competitor's Base List (BL) points if the current points are not better than the protected points.

See the FIS Snowboard Rules of the Points for more information.

Range →		1000	500	450	400	360	320	290	260	240	220	200	180
Pos.	%	451	401	361	321	291	261	241	221	201	181	161	
1	100	1000	500	450	400	360	320	290	260	240	220	200	180
2	80	800	400	360	320	288	256	232	208	192	176	160	144
3	60	600	300	270	240	216	192	174	156	144	132	120	108
4	50	500	250	225	200	180	160	145	130	120	110	100	90
5	45	450	225	202.5	180	162	144	130.5	117	108	99	90	81
6	40	400	200	180	160	144	128	116	104	96	88	80	72
7	36	360	180	162	144	129.6	115.2	104.4	93.6	86.4	79.2	72	65
8	32	320	160	144	128	115.2	102.4	92.8	83.2	76.8	70.4	64	58
9	29	290	145	130.5	116	104.4	92.8	84.1	75.4	69.6	63.8	58	52
10	26	260	130	117	104	93.6	83.2	75.4	67.6	62.4	57.2	52	47
11	24	240	120	108	96	86.4	76.8	69.6	62.4	57.6	52.8	48	43
12	22	220	110	99	88	79.2	70.4	63.8	57.2	52.8	48.4	44	40
13	20	200	100	90	80	72	64	58	52	48	44	40	36
14	18	180	90	81	72	64.8	57.6	52.2	46.8	43.2	39.6	36	32
15	16	160	80	72	64	57.6	51.2	46.4	41.6	38.4	35.2	32	29
16	15	150	75	67.5	60	54	48	43.5	39	36	33	30	27
17	14	140	70	63	56	50.4	44.8	40.6	36.4	33.6	30.8	28	25
18	13	130	65	58.5	52	46.8	41.6	37.7	33.8	31.2	28.6	26	23
19	12	120	60	54	48	43.2	38.4	34.8	31.2	28.8	26.4	24	22
20	11	110	55	49.5	44	39.6	35.2	31.9	28.6	26.4	24.2	22	20
21	10	100	50	45	40	36	32	29	26	24	22	20	18
22	9	90	45	40.5	36	32.4	28.8	26.1	23.4	21.6	19.8	18	16
23	8	80	40	36	32	28.8	25.6	23.2	20.8	19.2	17.6	16	14
24	7	70	35	31.5	28	25.2	22.4	20.3	18.2	16.8	15.4	14	13
25	6	60	30	27	24	21.6	19.2	17.4	15.6	14.4	13.2	12	11
26	5	50	25	22.5	20	18	16	14.5	13	12	11	10	9
27	4.5	45	22.5	20.25	18	16.2	14.4	13.05	11.7	10.8	9.9	9	8
28	4	40	20	18	16	14.4	12.8	11.6	10.4	9.6	8.8	8	7
29	3.6	36	18	16.2	14.4	12.96	11.52	10.44	9.36	8.64	7.92	7.2	6
30	3.2	32	16	14.4	12.8	11.52	10.24	9.28	8.32	7.68	7.04	6.4	6
31	2.8	28	14	12.6	11.2	10.08	8.96	8.12	7.28	6.72	6.16	5.6	5
32	2.6	26	13	11.7	10.4	9.36	8.32	7.54	6.76	6.24	5.72	5.2	5
33	2.4	24	12	10.8	9.6	8.64	7.68	6.96	6.24	5.76	5.28	4.8	4
34	2.2	22	11	9.9	8.8	7.92	7.04	6.38	5.72	5.28	4.84	4.4	4
35	2	20	10	9	8	7.2	6.4	5.8	5.2	4.8	4.4	4	4

For places 36-100 the formula used to determine the result is  $2 - [(Place - 35) \times 0.3]$

Range →		160	150	140	130	120	110	100	90	70	50	35	20
Pos.	%	151	141	131	121	111	97	91	71	51	36	21	0
1	100	160	150	140	130	120	110	100	90	70	50	35	20
2	80	128	120	112	104	96	88	80	72	56	40	28	16
3	60	96	90	84	78	72	66	60	54	42	30	21	12
4	50	80	75	70	65	60	55	50	45	35	25	18	10
5	45	72	68	63	59	54	50	45	41	32	23	16	9
6	40	64	60	56	52	48	44	40	36	28	20	14	8
7	36	58	54	50	47	43	40	36	32	25	18	13	7
8	32	51	48	45	42	38	35	32	29	22	16	11	6
9	29	46	44	41	38	35	32	29	26	20	15	10	6
10	26	42	39	36	34	31	29	26	23	18	13	9	5
11	24	38	36	34	31	29	26	24	22	17	12	8	5
12	22	35	33	31	29	26	24	22	20	15	11	8	4
13	20	32	30	28	26	24	22	20	18	14	10	7	4
14	18	29	27	25	23	22	20	18	16	13	9	6	4
15	16	26	24	22	21	19	18	16	14	11	8	6	3
16	15	24	23	21	20	18	17	15	14	11	8	5	3
17	14	22	21	20	18	17	15	14	13	10	7	5	3
18	13	21	20	18	17	16	14	13	12	9	7	5	3
19	12	19	18	17	16	14	13	12	11	8	6	4	2
20	11	18	17	15	14	13	12	11	10	8	6	4	2
21	10	16	15	14	13	12	11	10	9	7	5	4	2
22	9	14	14	13	12	11	10	9	8	6	5	3	2
23	8	13	12	11	10	10	9	8	7	6	4	3	2
24	7	11	11	10	9	8	8	7	6	5	4	2	1
25	6	10	9	8	8	7	7	6	5	4	3	2	1
26	5	8	8	7	7	6	6	5	5	4	3	2	1
27	4.5	7	7	6	6	5	5	5	4	3	2	2	1
28	4	6	6	6	5	5	4	4	4	3	2	1	1
29	3.6	6	5	5	5	4	4	4	3	3	2	1	1
30	3.2	5	5	4	4	4	4	3	3	2	2	1	1
31	2.8	4	4	4	4	3	3	3	3	2	1	1	1
32	2.6	4	4	4	3	3	3	3	2	2	1	1	1
33	2.4	4	4	3	3	3	3	2	2	2	1	1	0
34	2.2	4	3	3	3	3	2	2	2	2	1	1	0
35	2	3	3	3	3	2	2	2	2	1	1	1	0

For places 36-100 the formula used to determine the result is  $2 - ((\text{Place} - 35) \times .03)$

# Thank You

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the athletes of U.S. Ski & Snowboard

Outside



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# CHAPTER 3

## SERIES AND SELECTIONS



U.S. Ski & Snowboard offers competition programs from the domestic level to international events such as the U.S. Grand Prix and FIS World Cups. This chapter provides general information on U.S. Ski & Snowboard's major events and series. Where qualifications apply, the entry criteria, field size, and design of the programs have been developed to provide timely opportunities for talented riders to reach their athletic potential in snowboard competition.

## **ELIGIBILITY FOR COMPETITION**

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### **U.S. National Level Competitions**

- U.S. Ski & Snowboard Competitor membership
- Abide by U.S. Ski & Snowboard Code of Conduct, competition rules and procedures

### **All FIS Competitions**

- Must meet FIS age requirements
- U.S. Ski & Snowboard Competitor membership
- FIS license (required)
- Abide by U.S. Ski & Snowboard Code of Conduct, competition rules and procedures.

## **COMPETITION PIPELINE**

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Below is an overview of the U.S. Snowboard pipeline. For more information on how to get started visit [usskiandsnowboard.org/sport-programs/pipeline/snowboard-pipeline](http://usskiandsnowboard.org/sport-programs/pipeline/snowboard-pipeline) or [usasa.org](http://usasa.org).

## **FIS WORLD CUP**

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The FIS World Cup is a high-level international snowboard series. The eight-month circuit (August-March) crisscrosses the globe, with riders from many nations competing for World Cup titles in PGS, PSL, HP, SBX, Team SBX, SS and BA.

### **Qualification**

- To be considered eligible for a World Cup event, an athlete needs a minimum number of FIS points. Point requirements and earned quota spot information can be found at [fis-ski.com](http://fis-ski.com).
- Must hold a current Snowboard Competitor membership and FIS license.

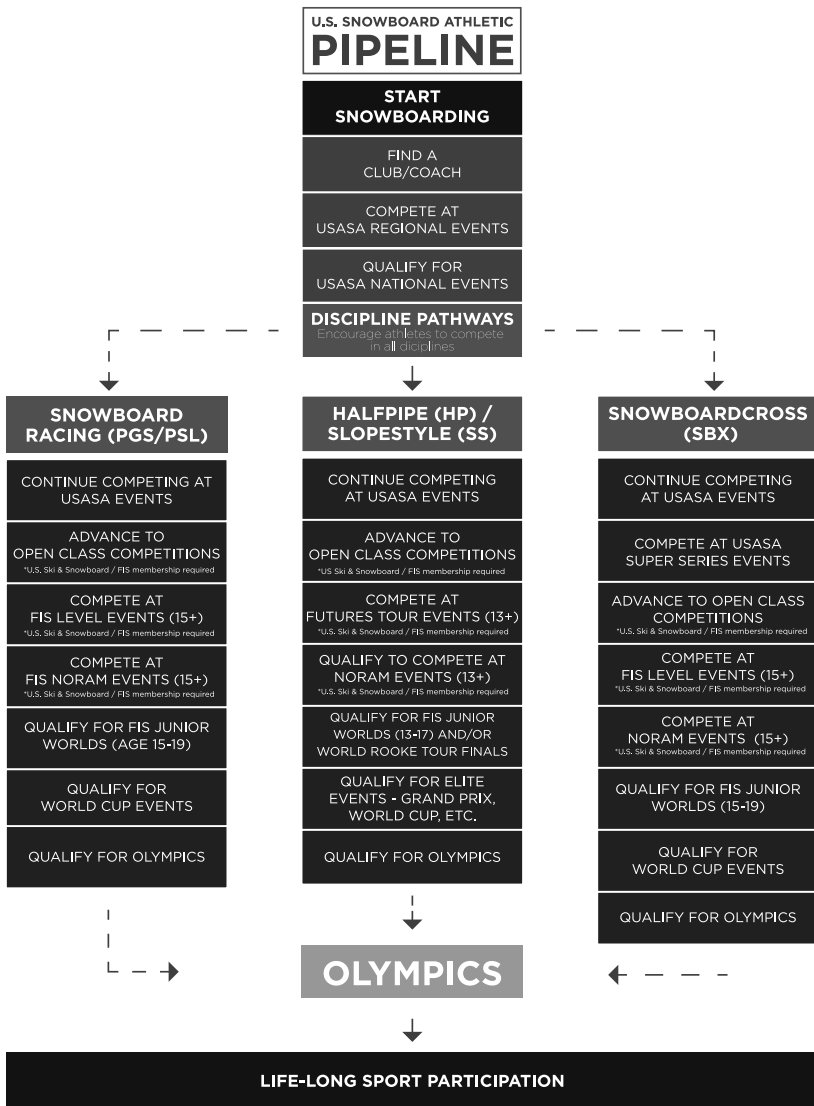
### **Entry in Competition**

The Amateur Sports Act requires U.S. Ski & Snowboard to objectively administer entries for all international competitions. If an athlete is objectively qualified through ranking, results or trials, he or she must be entered in a qualified international competition, provided he or she meets the international federation's (FIS) eligibility requirements, holds a membership with U.S. Ski & Snowboard, and agrees to the U.S. Ski & Snowboard Code of Conduct, and the USOPC Code of Conduct.

For proper and effective management by the head coaches of our national program, clear procedures have been established to make entrance into international competitions for all qualified athletes. The following procedure is to be followed for selection, entry and on-site management of all U.S. participants:

- All entries to FIS competitions must be made by U.S. Ski & Snowboard staff.





- Without exception, only those competitors, coaches and staff who agree to abide by the U.S. Ski & Snowboard and USOPC Code of Conduct will be entered and/or receive credentials.
- Only those individuals on the official entry list can be recognized by the competition organizing committee.
- Specific international selection criteria, as approved by the U.S. Ski & Snowboard Board of Directors and published by U.S. Ski & Snowboard, will be strictly followed.
- Additional selection criteria for specific competition start rights, as established in advance by the head coaches, will be available in writing if requested.
- All U.S. competitors must accept and follow the on-site competition plan as established by the team captain. This includes team meetings and training plans. Every effort will be made to accommodate individual competitor's needs and additional personal coaches if they wish to attend.
- Participating in international competition as a U.S. entered competitor is a privilege and an option, not a right. Funding for national program members is at the discretion of U.S. Ski & Snowboard.

### **Schedule**

Visit [fis-ski.com](http://fis-ski.com) for the latest World Cup schedule.

## **U.S. GRAND PRIX**

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The U.S. Grand Prix will include competitions in halfpipe, slopestyle, and big air. The U.S. Grand Prix will feature the best riders in the U.S. and the world competing for prize money totaling \$550,000. U.S. Grand Prix events will be televised on NBC and NBC Sports. The U.S. Grand Prix are sanctioned as World Cups.

U.S. Grand Prix information can be found at [usskiandsnowboard.org](http://usskiandsnowboard.org).

### **Eligibility**

Athletes must hold a current Snowboard Competitor membership and FIS license.

### **Schedule**

Visit [usskiandsnowboard.org](http://usskiandsnowboard.org) for current schedules and event information.

## **NORAM TOUR**

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The NorAm series between the United States and Canada continues this season. This series consists of PGS, PSL, HP, SS, BA, and SBX. From these events, the overall winner of each discipline (American or Canadian) will receive an individual start right in their discipline on the FIS World Cup tour for the following season, providing they meet World Cup eligibility rules. See [fis-ski.com](http://fis-ski.com) for more information.

### **Qualifications**

Athletes must hold a current Snowboard Competitor membership and FIS license. Foreign quotas will follow NorAm rules. Entry in Canadian events must be granted through U.S. Ski & Snowboard. See details under the Continental Cup/Foreign FIS Events section below.

### **Schedule**

Visit [fis-ski.com](http://fis-ski.com) for current schedules and event information.

# **REVOLUTION TOUR**

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The Revolution Tour is a series of events consisting of halfpipe, slopestyle, and big air, designed to serve as the qualifying pathway to elite-level events. Entry is based on multiple criteria that pre-qualify U.S. athletes into each competition tier. The Revolution Tour is focused towards riders 13-19 years old and awards the top athletes with an invite to compete in the U.S. Grand Prix, Junior Worlds, USASA Nationals, and participate in Project Gold camps.

Competition formats may vary slightly at each stop, but riders will always compete as an open class, and unless otherwise stated, athletes under the age of 13 are not eligible to compete. Athletes must hold a current Snowboard Competitor membership and FIS license. The U.S. Revolution Tour events are sanctioned as NorAms.

## **Schedule**

Visit [usskiandsnowboard.org](http://usskiandsnowboard.org) for current schedules and event information.

# **RACE TO THE CUP**

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The Race to the Cup will continue with three stops this season, one in each major geographic area of the U.S. At each stop, riders will compete for prize money and another chance to improve their rankings in the NorAm series.

Athletes must hold a current Snowboard Competitor membership and FIS license. Race to the Cup events are sanctioned as NorAms.

## **Schedule**

Visit [usskiandsnowboard.org](http://usskiandsnowboard.org) for current schedules and event information.

# **HOLE SHOT TOUR**

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The Hole Shot Tour is a series of events consisting of SBX events, designed to serve as a stepping stone for riders making the transition from competing at the grassroots level to the World Cup level. The series will be open to any rider but is focused towards riders 15-19 and will award the top junior an invite to be a part of Project Gold. Athletes under the age of 15 are not eligible to compete.

Athletes must hold a current Snowboard Competitor membership and FIS license. Hole Shot Tour events are sanctioned as NorAms.

## **Schedule**

Visit [usskiandsnowboard.org](http://usskiandsnowboard.org) for current schedules and event information.

# **CONTINENTAL CUPS AND OTHER FOREIGN FIS EVENTS**

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Per the FIS ICR rule 215.3, only National Ski Associations are entitled to make athlete entries for international competitions. Athletes interested in competing in Continental Cup competitions outside the United States must contact Julia Flake ([julia.flake@usskiandsnowboard.org](mailto:julia.flake@usskiandsnowboard.org)) a minimum of 42 days (six weeks) prior to the first scheduled event day to declare their intent to compete – if allocated a quota spot.

## **Initial Quota Allocation**

42 days (six weeks) days prior to the first scheduled event day, athletes will be ordered based on their FIS points from the current points list.

If there are more declared intents than quota spots available, quota spots will be distributed to the highest FIS ranked athletes. All remaining athletes will be placed on an alternate list.

### **Alternate List**

If quota spots become available after the Initial Quota Allocation athletes will be reranked on the Alternate List using the current FIS points list the day the spots become available, at which time the top-ranked athletes will be allocated quota spots.

Starts at Continental Cups are not guaranteed until the athlete submits payment to the event organizing committee, per the FIS Continental Cup rulebook, rule NAC 9.3 (Park & Pipe, NAC 11.4 (Snowboard Cross), and NAC 12.2 (PGS/PSL). It is the athlete's responsibility to ensure payment is made to the event organizing committee.

## **FIS WORLD JR. CHAMPIONSHIPS**

The FIS Junior World Championships may be held annually as determined by the FIS. The size of the quota will vary depending upon the event and will be determined by the FIS. These championships provide a unique opportunity for the best junior snowboarders in the world to compete together. The Junior World Championships are important competitions in the development of future World Cup contenders.

### **Selection Criteria and Age Eligibility**

Visit [usskiandsnowboard.org](http://usskiandsnowboard.org) for the criteria.

## **THE FUTURES TOUR**

The Futures Tour events are a collaboration between U.S. Ski & Snowboard and USASA. These events are run by USASA and serve as the bridge from USASA regional events to the NorAm and U.S. Revolution Tours.

Events serve as USASA regional qualifiers and follow FIS rules and formats. Athletes will receive USASA age class points but be scored on an open range.

Athletes under the age of 13 are not eligible to compete. Athletes must hold a current Snowboard Competitor membership, FIS license and USASA membership.

These events are FIS sanctioned.

### **Schedule**

Visit [usskiandsnowboard.org](http://usskiandsnowboard.org) and [usasa.org](http://usasa.org) for current schedules and event information.

## **USASA**

USASA events are the entry point for new competitive athletes. USASA offers events in each region of the country. Thirty USASA regional series are located across the USA. Each series presents organized competitions in halfpipe, slopestyle, alpine snowboard racing, snowboard cross, and rail jams. At the conclusion of the regional series season, the organization hosts the USASA National Championships at the end of March through early April.

To learn more about the USASA and the regional series closest to you visit [usasa.org](http://usasa.org).

## **PROJECT GOLD**

This development program is for halfpipe, slopestyle and snowboard cross athletes. For more information on Project Gold visit [usskiandsnowboard.org](http://usskiandsnowboard.org).

# **PARA SNOWBOARD**

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The sport of Para Snowboard competition owes its success to the determination of a group of pioneering riders who in 2005 began their quest to have the sport included at the Paralympic Winter Games.

Para Snowboard is practiced worldwide and features three disciplines: snowboard-cross, banked slalom and giant slalom. Competition includes male and female athletes with a physical impairment such as, but not limited to spinal injury, cerebral palsy and amputation.

Athletes compete in three categories based on their functional ability – SB-LL1 and SB-LL2 for lower-limb impaired riders and SB-UL for upper-limb impaired athletes. Snowboarders use equipment that is adapted to their needs including snowboard and orthopedic aids.

Para Snowboard was initially governed by the World Snowboard Federation (WSF), but after a Memorandum of Understanding was signed in 2010, it was taken under World Para Alpine Skiing with a view to continue working with the WSF to develop the sport. After many years of campaigning, in 2012 it was announced that snowboard would make its debut at the Sochi 2014 Paralympic Winter Games as part of the alpine skiing programme, with two medal events in lower-limb impairment classifications for men and women in snowboard-cross time trial. World Para Snowboard then acted as the International Federation for the sport until the transfer of governance to the International Ski and Snowboard Federation (FIS) in 2022.

The attention the sport received in the 2014 Paralympic games thrust snowboard onto the global stage and in 2015, the first World Championships were held in La Molina, Spain. Here, banked slalom and snowboard-cross head-to-head were contested for the first time, whilst the lower-limb impaired classifications were split and upper-limb impaired riders also competed for coveted world titles. The 2015 World Championships saw the culmination of ongoing improvements to the classification system, including the separation of lower-limb impaired riders to SB-LL1 and SB-LL2 which was introduced during the 2014-15 season.

## **Eligible Impairments for Para Snowboard**

All athletes in Para snowboard have one or more of the following impairments:

- Impaired Muscle Power
- Limb Deficiency
- Leg Length Difference
- Hypertonia
- Ataxia
- Athetosis
- Impaired Passive Range of Movement

## **Sport Classes in Para Snowboard**

Athletes in Para snowboard are grouped into the following sport classes. The sport class profiles are set out in World Para Snowboard Classification Rules and Regulations.

### **Sport Classes**

- Sport Class SB-LL1: Athletes have an impairment in one or both legs.
- Sport Class SB-LL2: Athletes have an impairment in one or both legs.
- Sport Class SB-UL: Athletes have an impairment in one or both arms.



## ***Thank you!***

*Your continued support and patronage allows us to support education, safety and innovation in the sport we all love. Thank you for being our customers, partners and friends.*

**Bradford, VT • Salt Lake City, UT**



**800-555-0593**

**info@worldcupsupply.com**

**www.worldcupsupply.com**

**www.spm-sport.com**

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# CHAPTER 4

## RULES



FIS rules apply at all U.S. Ski & Snowboard sanctioned snowboard events. The sport specific rules for FIS events are available at [fis-ski.com](http://fis-ski.com). The FIS rulebooks are referred to as the ICR.

In cases where regulations are not addressed by the FIS ICR for FIS events, or in cases where the rules must be interpreted, the authority for making decisions will be the responsibility of the technical delegate and competition jury.

Athletes participating in sanctioned events are required to hold a Competitor membership, and they are responsible for knowing and following all rules in the FIS ICR. For membership information contact the membership office at 435.647.2666 or check [usskiandsnowboard.org](http://usskiandsnowboard.org).

If you have questions regarding the snowboard program in the United States, check [usskiandsnowboard.org](http://usskiandsnowboard.org).

# Thank You

to our Corporate Partners for supporting  
the athletes of U.S. Ski & Snowboard



**TOYOTA**

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**Thank You to our Suppliers and Licensees  
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<b>Atomic</b>	<b>Auclair Sports</b>	<b>Big Truck</b>
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<b>Giro/Bell Sports</b>	<b>Givego</b>	<b>Head</b>
<b>Hestra Gloves</b>	<b>HKD Snowmaking</b>	<b>ID One</b>
<b>Kask</b>	<b>Khombu</b>	<b>Knockaround</b>
<b>Leki</b>	<b>Level Gloves</b>	<b>Madshus</b>
<b>MVD</b>	<b>Naked Cashmere</b>	<b>Nice Recovery</b>
<b>Nordica</b>	<b>Oakley</b>	<b>Ogio</b>
<b>Oofos</b>	<b>Outdoor Master</b>	<b>Pit Viper</b>
<b>POC Sports</b>	<b>RACEtech</b>	<b>Rayus</b>
<b>Reusch</b>	<b>Rise</b>	<b>Rossignol/ Lange/Dynastar</b>
<b>Salomon</b>	<b>SKIDA</b>	<b>SkiDATA</b>
<b>Skiers Edge</b>	<b>SkyTech sports</b>	<b>Smith</b>
<b>Stockli</b>	<b>Sun Valley Ski Tools (SVST)</b>	<b>Swany Gloves</b>
<b>Sweet Protection</b>	<b>Swix &amp; Toko</b>	<b>Vola Wax</b>
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# CONCUSSION CHECKLIST

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## Signs and Symptoms

Athletes who show or report one or more of the signs and symptoms listed below, or simply say they just “don’t feel right” after a bump, blow, or jolt to the head or body, may have a concussion or more serious brain injury.

### Signs Observed by Coaches / Officials

Can’t recall events *prior to or after* a hit or fall

Appears dazed or stunned

Forgets an instruction

Moves clumsily

Answers questions slowly

Loses consciousness (even briefly)

Shows mood, behavior, or personality changes

### Symptoms Reported by Athlete

Headache or “pressure” in head

Nausea or vomiting

Balance problems or dizziness

Double or blurry vision

Bothered by light or noise

Feeling sluggish, hazy, foggy or groggy

Confusion, or concentration or memory problems

Just not “feeling right” or feeling down

## Action Plan

If you suspect that an athlete has a concussion

1. Remove the athlete from training and competition,
2. Provide athlete/family with U.S. Ski & Snowboard’s concussion information and medical evaluation forms,
3. Notify [jeff.weinman@usskiandsnowboard.org](mailto:jeff.weinman@usskiandsnowboard.org) of suspected concussion,
4. The athlete will be placed on U.S. Ski & Snowboard medical hold until the completed medical evaluation form is received with the signature of a medical professional who has been trained in concussion management within the past three years.

## More Information

[cdc.gov/HeadsUp](http://cdc.gov/HeadsUp)



